Sylwia (Hellaction)



Rorn in 1976 in Lublin, Poland, Sylwia Henda finished the School of Art in Zamość.

In 2003 she took up artistic photography alternately with acrylic or soft pastel painting. Her pictures were published in Polish and foreign magazines. Sylwia's works were also exhibited in Zamość.

In the meantime she took part in all forms of art activities, as the International Plain-Air Workshop of Borderland Art in Chełm, or individual exhibitions covering the Junior Arabian Horse Shows at Białka in 2005 and 2006. Her pictures gain a great interest of Arabian horse fans, who often expose them in their art galleries, as well in Poland, as in the US, Canada, Australia or other European countries.



Sylwia confesses that she loved horses since her early childhood, admiring their looks, strength and spirits so much that she wanted to have something to do with them for the rest of her life. As far back as she could remember, she tried to draw horses. This is what she says about her passion:

"In my childish determination I copied almost all horses painted by Juliusz Kossak. It was probably subconsciously, but as my models I picked mostly those with a high tail-carriage, proud pace, slender legs, dry head and swan-like neck. At that time I didn't realize that they were the most beautiful from all beauties – they were Arabian horses!



When I attended the art school, I became even more keen on painting horses. I learned many painting and sculpture techniques. After many trials and errors I found out that pastels suited me the best. Soft pastels were ephemeral and refined, their colors were transparent, their lines might be either clear or hardly visible. That's why they were useful to

convey all kinds of models. Horses painted with pastels looked as if they were alive, ready to jump out of the frames.

Besides painting horses, I loved spending my time with them. I was deeply impressed by peacefully grazing mares and playing foals at beautifully located pasture grounds of



Białka Stud. Then for the first time I replaced my pastel by a professional camera.

Painting and photography well complement each other. Looking at horses from the artistic point of view, I noticed more than only "mere horses". On the other hand, when I

looked through the objective, I could imagine at the same time how would my models look like if they were painted. In fact, many of my pictures were painted on the basis of my photos. I would never like to lose contact with horses, because they inspired me and were always giving me incentive".







