

WE, WOMEN

'Let's inspire hope and transform it into action.'

Jane Goodall (1934-2025)

I would like to use this opportunity to thank and congratulate all the people who participated in the project and inspired others by sharing their personal stories.

After interviewing more than 100 women about what it means to be a woman in today's Arabian horse world, the project has come to an end.

I hope it has inspired Hope for the future of us all, not just women.

Don't stop planting the seeds of Hope everywhere; they will sprout at the right moment and bring Hope wherever it is needed most.

Giorgia Mauri



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PARISA

AMINAEI



Horse pension manager, horse trainer and breeder

I am Parisa Aminaei and i was born in Sep. 1994 in Kerman, Iran.

I studied Veterinary Pathology; I work as a horse pension manager in addition to be Arab and Caspian horse trainer and breeder.

I began to ride when i was 13. I got familiar with Arab horses during a show held in a club.

After years of trying to be in Arab horse society, I am in such conditions which means success to me. Unfortunately, the horse world in my country is mostly masculine in which women have to try much more

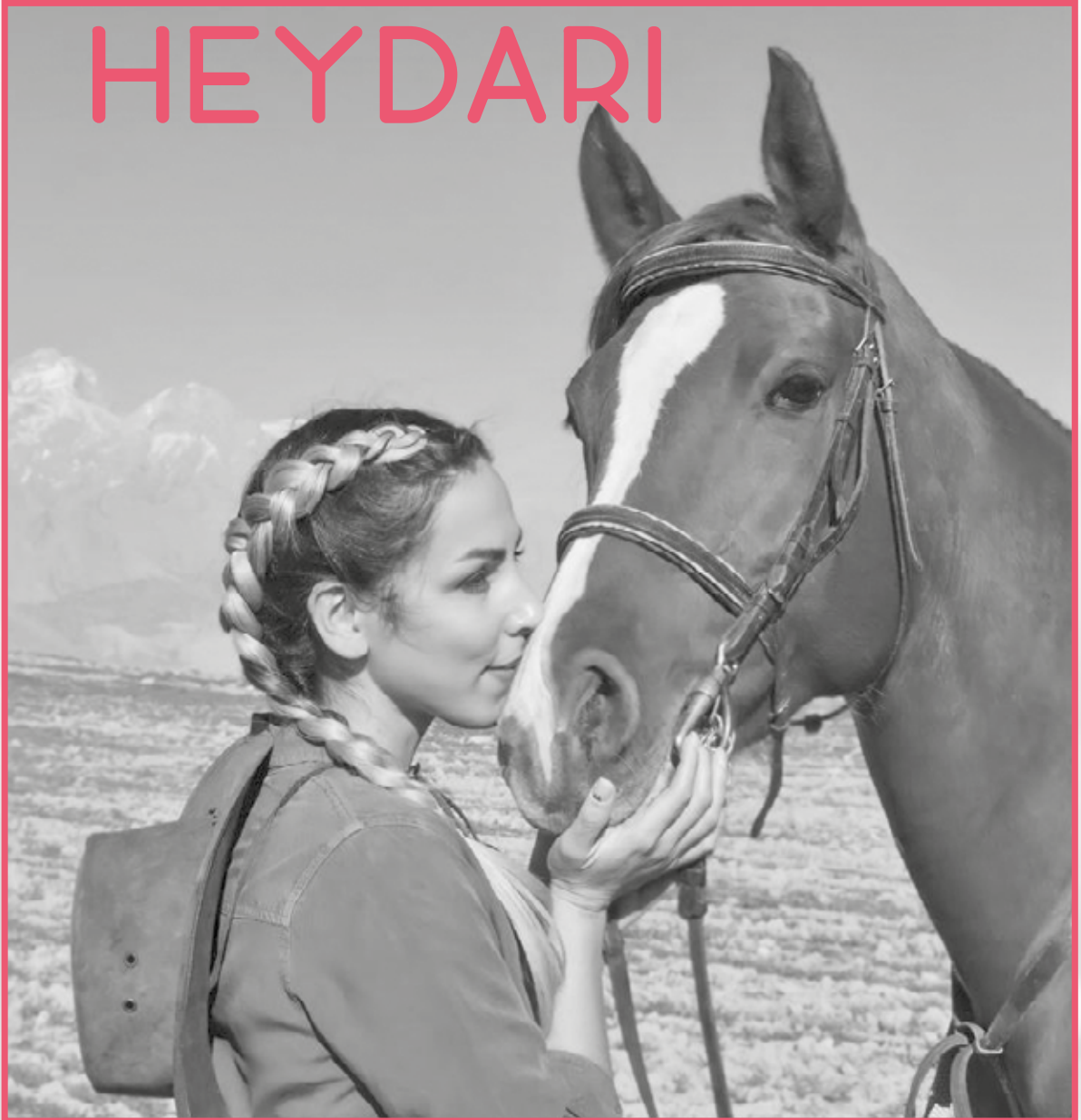
than men to prove their capabilities.

I have to be more patient and never give up learning and experiencing because my job needs much knowledge and expertise. In addition, breeding and training horse for competitions is a time consuming job.

I have worked as a riding master for kids and ladies for sometimes in my city. They told me they are inspired by the way i have done my job and they want to be like me in future which was very valuable to me.

IF I WANT TO SAY AN ABSTRACT OF WHAT I HAVE LEARNED DURING THESE TOUGH YEARS TO YOUNG LADIES: GO ON, NEVER GIVE UP, YOU ARE STRONGER THAN WHAT YOU THINK

AVAT HEYDARI



© Shery Amir Aslani

Arabian horse breeder and Endurance rider

I am 38 years old, a Kurdish girl from Kermanshah, West Iran. I've always had a great interest in sports since childhood and have been active in various sports, but horseback riding was the only sport that captivated me deeply, and I entered the world of horseback riding in 2002.

I started with native horses and got acquainted with the world of Arabian horses after getting married. My husband is an Arabian horse breeder, and together we produce sport Arabian horses in our collection. This collaboration not only increased my knowledge and experience but also intensified my love and passion for this beautiful breed.

I have participated in numerous endurance competitions at the CEI and FEI levels and have

never seen any obstacles as a woman in my way. I firmly believe that with effort and perseverance, people can overcome all barriers. This mindset has helped me continue toward my goals and overcome challenges.

To pursue your dreams in this field, you need perseverance, empathy, and a willingness to learn. Stability and a love for horses are vital. Accepting challenges and being open to new experiences can set you apart!

I am a riding instructor, and I believe my experiences can inspire the next generation. I hope to successfully encourage many girls to pursue their dreams in the world of Arabian horses or any field they are passionate about.

**TO ALL YOUNG WOMEN: TRUST YOURSELF AND PURSUE YOUR PASSION!
DON'T FEAR CHALLENGES; THEY ARE THE STEPPING STONES TO SUCCESS.
EMBRACE YOUR UNIQUENESS AND PAVE YOUR OWN PATH - YOUR VOICE
MATTERS, AND YOU CAN MAKE A DIFFERENCE!**

ELAHE

ASGARI



Arabian horse breeder

I am an Iranian residing in Tehran. I am passionate about Arabian beauty horses and work in the breeding and production of these magnificent horses.

After meeting my husband, Farzad Shams, who has been a rider since the age of four, we decided to enter the world of Arabian beauty horses.

Today, being a woman in the Arabian horse industry means that, due to their keen and delicate perspective, women can bring greater precision to the breeding process, achieving outstanding results and making a strong presence in competitions.

Entering this industry comes with many challenges, but one must overcome them through research, keen attention to detail in making the right choices, and staying up to date with breeding practices.

First and foremost, we must love the project we start, stay committed to it, and never stop striving. No obstacle should be seen as a barrier to achieving our dreams.

I feel that once you enter the world of horses, you can write your own life story and proudly showcase it with confidence. Others will undoubtedly be inspired and encouraged.

THE GIRLS OF MY HOMETOWN MUST BE ABLE TO RECOGNIZE THEIR ABILITIES IN EVERY FIELD AND PURSUE THEIR DREAMS. MAY GENDER DIFFERENCES NEVER BECOME AN OBSTACLE IN THEIR PATH. WISHING FOR BEAUTIFUL DAYS AHEAD FOR OUR COUNTRY, IRAN.

SAIEDEH REZAEI



Riding instructor and Arabian horse trainer

I am from Iran and work as a riding instructor and trainer of Arabian horses.

I was introduced to the world of horses by a horse breeder named Louis Firouz.

There are many obstacles and problems for

women in Iran, particularly in this field, where it is difficult to find a good sponsor. Women can be among the best Arabian horse trainers thanks to their patience.

They must be patient, motivated, persistent and determined as a warrior to reach their goals.

THEY MUST ALSO LOVE AND BE INTERESTED IN HORSES, AND SHOW THEMSELVES IN THE ARENAS.

AND MOST IMPORTANT, THEY MUST LEARN THAT A HORSES CAN BE THEIR BEST FRIENDS AND EDUCATE THEM WITH LOVE.

ZEYNAB DARBAHANIHA



Horse trainer and horse photographer

I was born in Iran and, as well as being a horse trainer, I am also a photographer specialising in horse photography.

My love for horses began in childhood and, once I could finally purchase my first Arabian horse, I became involved in various disciplines related to Arabian horses, such as endurance riding and showing. I show my own horses in halter shows.

Throughout history, Iranian women have faced many challenges, but nowadays they have overcome these difficulties and many have become highly successful.

I am one of the lucky ones, as my husband has encouraged me to achieve my goals.

My love for the Arabian horse is stronger than ever.

MY MESSAGE TO FUTURE GENERATIONS IS THAT, ALTHOUGH THE PATH TO SUCCESS IS FULL OF IMPEDIMENTS, YOU MUST NEVER LOSE FAITH IN MAKING YOUR DREAMS COME TRUE.

THE WORLD OF ARABIAN HORSES IS THE MOST FULFILLING, OFFERING NEW EXPERIENCES AND THE JOY OF SHARING OUR LIVES WITH THESE WONDERFUL ANIMALS.

WE, WOMEN is:

Margot Chazel
Sunny Sassudelli
Chiara Carrer
Antonia Bautista
Jennifer Dhombre
Kamila Kozłowska
Anna Maria Raffa
Jennifer Von Dahn
Urszula Łęczycka
Kathleen Ohlsson
Ally Nelson
Mindy Peters
Rosangela Brugali
Elena Vignato
Cristiane Durante Guardia
Talitha Bakker
Desiré Faraone
Sandra Platzcek
Raquel Jacovas
Adriana & Alessandra Moura
Magdalena Muraszko-Kowalska
Helena Jodie Byrne
Manuela Lucini
Christie Metz
Dana Russo
Patrycja Makowska
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